



PRESS RELEASE

Jean Hofacket, County Librarian

Albany
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CONTACT PERSON:

Nancy Tucker, English
ntucker@aclibrary.org

Jui-Lan Liu, Mandarin
jliu@aclibrary.org

FOR IMMEDIATE RELEASE:

April 9, 2009

ALAMEDA COUNTY LIBRARY

Fremont Main Library
2400 Stevenson Blvd.
Fremont, CA 94538
Telephone: 510-745-1401
TTY: 888-663-0660

Alzheimer's: Overview and Caregiving Services
Fremont Main Library, Fukaya A Room
Saturday, May16, 2:00 p.m. – 4:00 p.m.

Alzheimer's is a disease that robs individuals of their memories and their abilities. With age, comes an increased risk of developing Alzheimer's. For those over 85, this risk reaches 42%.

The Fremont Main Library, in cooperation with the Alzheimer's Association, Northern California and Nevada, will present an informational program about Alzheimer's on Saturday, May 16, from 2:00 p.m. – 4:00 p.m. Citizens for a Better Community is also a sponsor for this event and will provide refreshments.

Given entirely in **Mandarin**, the program will include an overview of Alzheimer's, covering normal aging, signs and symptoms of Alzheimer's, caregiving, current research, and much more. Adult day care and support services will also be discussed.

The Fremont Main Library, a branch of the Alameda County Library system, is located at 2400 Stevenson Boulevard, and is wheelchair accessible. This event is free. No reservations are required. For more information call (510) 745-1401.

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Administration
2450 Stevenson Blvd.
Fremont, CA 94538-2326
510-745-1504
FAX 510-793-2987
www.aclibrary.org