

CAPS Site Coordinators:

Centerville Presbyterian Church

Mandarin, Cantonese

Dave Loria

Ph: 510-793-3575 ext. 48

Email: capscpc@aol.com

Muslim Support Network

Urdu, Punjabi, Hindi

Moina Shaiq

Ph: 510-574-2082

India Community Center

Hindi, Marathi, Gujarati, Tamil, Punjabi,
Kannada, Konkani

Pragna Dadbhawala

Ph: 408-934-1130 ext. 263

Email: tcec-caps@indiacc.org

Taiwanese Community Help Association

Taiwanese, Mandarin

John Hsieh

Ph: 510-784-7341

Sikhs Engaged in Volunteer Activities

Urdu, Punjabi, Hindi, Farsi

Jagmeet Kaur

Phone: 510-491-6699

Our Lady of Guadalupe Catholic Church

Spanish

Gloria Bauchou

Ph: 510-657-4043



CAPS

Community Ambassador Program for Seniors



Human Services Department Aging and Family Services Division

3300 Capitol Avenue
P.O. Box 5006
Fremont, CA 94537-5006

(510) 574-2041

www.fremont.gov
Monday — Friday
8:00 a.m.— 5:00 p.m.

City of Fremont Senior Help Line **(510) 574-2041**

Donations to the CAPS program may be made by sending a check to CAPS /City of Fremont Human Services Department
3300 Capitol Ave., P.O. Box 5006
Fremont, CA 94537-5006

<http://www.tceconline.org>



The Community Ambassador

Program for Seniors (CAPS) is a partnership between the City of Fremont Human Services Department, the Tri-City Elder Coalition, and six ethnic and faith-based organizations. CAPS provide volunteer ambassadors to serve seniors in their own communities, in their own language, within their own cultural norms and will do so where seniors live, worship, socialize and learn.

CAPS is funded by a grant from the Robert Wood Johnson Foundation.



CAPS Partner Organizations

CAPS Community Ambassadors are from six partner organizations:

- Centerville Presbyterian Church
- India Community Center
- Muslim Support Network
- Our Lady of Guadalupe Catholic Church
- Sikhs Engaged in Volunteer Activities
- Taiwanese Community Help Association

The Ambassadors have been trained by the City of Fremont staff, San Jose State University, Stanford Geriatric Education Center, and local senior service organizations to provide information and referral assistance in their respective communities.

Role of the Community Ambassador

The volunteer CAPS ambassadors are available to serve seniors and their families, in their respective communities, by helping to identify and access appropriate resources and services such as:

- Transportation
- Housing
- How to apply for benefits, such as Social Security, Medicare, or Medi-Cal
- Translation/Interpretation services
- Healthcare
- Legal/Financial Aid

Please contact a CAPS site coordinator for more information.

Pathways to Positive Aging

The CAPS program is part of the larger Robert Wood Johnson Foundation funded strategic project, **Pathways to Positive Aging**, whose goal is to create a community where seniors will understand, choose and access culturally enriched, affordable services and opportunities that enhance their quality of life.